

YOUTH MENTAL HEALTH FIRST AID (YMHFA) TRAINING



Wayne County
Recovery Coalition

DATE: THURSDAY, JUNE 12TH

TIME: 8:30AM - 5:00PM

LOCATION: JESUP-WAYNE COUNTY AIRPORT, 535 AIRPORT RD, JESUP, GA 31546

Participants will receive a gift card upon completing the training and lunch will be provided.

There are only 30 slots for registration.

This YMHFA Training will be conducted by Ali Lopez and Peter Bush of Unison Behavioral Health. Unison Behavioral Health, serving eight South Georgia counties, provides mental health, substance misuse, and developmental disability services to build healthier communities. Established in 1971 as Satilla Community Services, it became Unison in 2012 to better reflect its mission. By offering quality behavioral healthcare, Unison supports youth mental health, ensuring they have the resources to lead productive, meaningful lives. Both Ali and Peter are certified in YMHFA and Peter is a Licensed Professional Counselor.

WHY YOUTH MENTAL HEALTH FIRST AID?

Youth Mental Health First Aid is an early intervention public education program. It teaches adults how to recognize the signs and symptoms that suggest a potential mental health challenge, how to listen non-judgmentally and give reassurance to a youth who may be experiencing a mental health challenge, and how to refer a person to appropriate professional support and services. This workshop is for anyone who works with youth including school counselors, teachers and other school support personnel, youth ministers, after school program personnel, DFCS and other social service workers, foster parents, as well as parents and caregivers of youth.

SIGN UP VIA LINK:

<https://forms.gle/32PFsYyvVeKqU8y56>

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